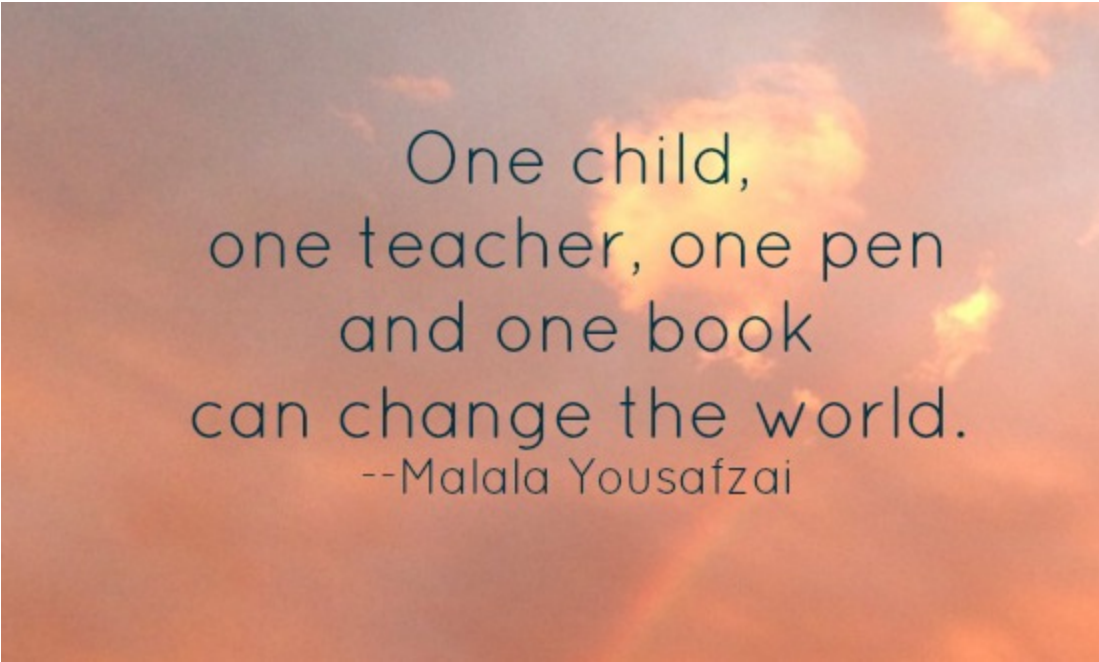


# Moms+Tweens SocialGood



One child,  
one teacher, one pen  
and one book  
can change the world.  
--Malala Yousafzai

August 3, 2013  
Hilton McLean Tysons Corner

Elena Sonnino, LDG Media LLC  
#GrowGlobalCitizens  
#SocialGood

# Moms+Tweens SocialGood

## About Elena Sonnino

Elena Sonnino is a freelance writer, strategist, traveler, runner, cancer survivor and chaser of dreams.

Elena spent twelve years as a teacher, educational leader and mentor to elementary students. Whether she was a classroom teacher or an advanced academic resource teacher, her focus was always on empowering students to develop independent and creative thinking.

One of the most important factors of Elena's decision to leave teaching after twelve years was a passion for telling the social good story. During a *trip to Haiti* in January 2012, Elena realized that building capacity meant more than encouraging others to set a SMART goal or go for a run. It meant giving voice to those that wanted to learn and grow so that they could become self sufficient despite the obstacles that stood in their way. She has carried this passion through to working to foster global citizenship in tweens as a public speaker on the topics of blogging for impact and raising global citizens.

Elena is a Shot@Life UnFoundation Social Good Fellow and *Shot@Life* champion, a member of Bloggers4Haiti, a member of *ONE Moms*, and is on the American Cancer Society Blogger Advisory Council working to *Finish the Fight against cancer*... because she believes that each one of us can make a difference, big or small and that every moment matters.

Elena's life long passion is travel. She shares inspirational travel stories and experiences here at LiveDoGrow, *active family travel experiences* at *TravelingMom.com*, family travel experiences at *HiltonMomVoyage.com* and anything travel related that sparks her fancy at *ThisGirlTravels.com*.

# Websites for Growing Global Citizens

## Websites For kids:

- UN Cyberschool: <http://www.cyberschoolbus.un.org/mdgs/index.asp>
- KidzVuz: <http://www.kidzvuz.com/>
- Club Penguin: <http://www.clubpenguin.com/>
- Map Your World: <http://www.mapyourworld.org/> (site is there but project is not “live” yet. Check back often for updates).

## Websites For moms:

- [Grow Global Citizens on Facebook](#)
- [Grow Global Citizens resources on Pinterest](#)
- Half The Sky: <http://www.halftheskymovement.org/>
- Plus Social Good: <https://plussocialgood.org/>
- [Impatient Optimists](#)
- [Vital Voices](#)
- [Million Moms Challenge](#)
- [The Mission List](#)
- [World Moms Blog](#)
- [Tech Savvy Mama](#)
- [Mom Bloggers for Social Good](#)
- [Kids World Citizen](#)
- [Volunteer Spot](#)
- [Anti-Poverty Mom](#)
- [Found the Marbles](#)
- [Charity Miles](#) (an app for iphone and Android that donates to a cause of your choice when you walk, run or bike).
- [Global Giving](#)

\*\*\* Coming Soon: Grow Global Citizens. Stay tuned on [Grow Global Citizens on Facebook](#) for information about the launch.

## Interesting Articles

- [Women as a Force for Change](#), The New York Times, July 31, 2013
- [A Setback on Polio](#), [Washington Post](#), July 29, 2013
- [The Charitable Industrial Complex](#), NY Times, July 26, 2013
- [Tanzanian Girl's Long Walk to Education](#), BBC, July 9, 2013
- [Tech Savvy Mama discusses Media Use for Kids](#), July 3, 2013
- [Five Things Parents Can Learn from Malala](#), Million Moms Challenge, July 10, 2013
- [18 books that will inspire your kids](#), Impatient Optimists, June 16, 2013
- [Why Poor Haitians End Up Wearing Obnoxious American T-Shirts](#), Jezebel, July 10, 2013
- [Six books to turn young readers into activists](#), ONE
- [Teaching Kids to be Global Citizens](#), Scholastic

## Books for kids

- What does it mean to be global? By Rana DiOrio
- Small Steps, The Year I got Polio, by Peg Kehret
- For Every Child, A Better World, by Kermit the Frog, Louise Gikow, Ellen Weiss
- Keep Climbing Girls, by Beah E. Richards
- Little Things Make Big Differences by Rev John Nunes & Monique Nunes

# Organizations/Campaigns of Interest

[United Nations Foundation](#) When disaster strikes, the world turns to one organization for hope, help, leadership, and coordination: the United Nations. When there is peace to keep between warring factions, the world asks the UN to mobilize peacekeepers, oversee elections, and create stability. In the face of challenges such as climate change, disease or poverty, the United Nations provides the platform for international cooperation.

- [Shot@Life](#) Shot@Life educates, connects and empowers Americans to champion vaccines as one of the most cost-effective ways to save the lives of children in developing countries. A national call to action for a global cause, the campaign rallies the American public, members of Congress, and civil society partners around the fact that together, we can save a child's life every 20 seconds by expanding access to vaccines. By encouraging Americans to learn about, advocate for, and donate to vaccines, Shot@Life aims to decrease vaccine-preventable childhood deaths and give every child a shot at a healthy life.
- [Blogust 2013](#) Every day in August, a writer will share a story about a young person who is important in their life or an experience of their own at a certain age. On August 1st, a 1-year-old's story will be shared; on August 2nd, a 2-year-old, and so on, every day throughout the month. For every comment on any of the 31 posts, Walgreens Pharmacy will donate a life-saving vaccine (up to 50,000 vaccines) to give children around the world a shot at life!
- [Girl Up](#) Girl Up is an innovative campaign of the United Nations Foundation. We give American girls the opportunity to become global leaders and channel their energy and compassion to raise awareness and funds for United Nations programs that help some of the world's hardest-to-reach adolescent girls.
- [Unicef](#) The United Nations Children's Fund (UNICEF) works in 190 countries and territories to save and improve children's lives by providing health care and immunizations, clean water and sanitation, nutrition, education, emergency relief and more. The U.S. Fund for UNICEF supports UNICEF's work through fundraising, advocacy, and education in the United States to work toward the day when ZERO children die from preventable causes and every child has a safe and healthy childhood. Trick or Treat for Unicef Take the I Believe in Zero Pledge

[Social Good Summit](#) The Social Good Summit is a three-day conference where big ideas meet new media to create innovative solutions. Held during UN Week from September 22-24, the Social Good Summit unites a dynamic community of global leaders to discuss a big idea: the power of innovative thinking and technology to solve our greatest challenges. The most innovative technologists, influential minds and passionate activists will come together with one shared goal: to unlock the potential of new media and technology to make the world a better place, and then to translate that potential into action.

[Giving Tuesday](#) We have a day for giving thanks. We have two for getting deals... Wouldn't it be great to have a day for giving back? #GivingTuesday™ is a campaign to create a national day of giving at the start of the annual holiday season. It celebrates and encourages charitable activities that support nonprofit organizations.

[Save the Children](#) Save the Children is the leading independent organization creating lasting change in the lives of children in need in the United States and around the world. When disaster strikes around the world, Save the Children is there to save lives with food, medical care and education and remains to help communities rebuild through long-term recovery programs. As quickly and as effectively as Save the Children responds to tsunamis and civil conflict, it works to resolve the ongoing struggles children face every day — poverty, hunger, illiteracy and disease — and replaces them with hope for the future.

[Passports with Purpose](#) Passports With Purpose was founded in 2008 by Debbie Dubrow, Pam Mandel, Beth Whitman and Michelle Duffy as a way to build community among travel bloggers and to give back to the places we, as travelers, visit. In 2013, Passports with Purpose is working with [BuildON.org](#). Watch this video about [Passports with Purpose and BuildON](#).

[ONE Moms](#) ONE does not ask for your money, it asks for your voice to fight extreme poverty. Co-founded by Bono and strictly bipartisan, ONE is a campaigning and advocacy organization of more than three million people taking action to end extreme poverty and preventable disease... because the facts show extreme poverty has already been cut in half and can be virtually eliminated by 2030, but only if we act now.

# Videos and Movies

- [Global Citizenship \(Unicef\)](#)
- [Girl Rising \(movie\)](#)
- [Revolutionary Optimists \(trailer\)](#)
- [Map Your World](#)
- [Malala's Address to the United Nations Youth Assembly, Malala Day](#)
- [Mary & Martha \(Movie from Malaria No More\)](#)

# Congressional Contact Information

## Maryland

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- Washington DC Office: 303 Cannon HOB, Washington, DC 20515, Phone: (202) 225-2815

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- Annandale Office: 4115 Annandale Road, Ste. 103, Annandale, VA 22003, Phone: (703) 256-3071
- Prince William Office: 4308 Ridgewood Center Dr., Woodbridge, VA 22192, Phone: (703) 670-4989

Frank Wolf, Twitter [@RepWolfPress](https://twitter.com/RepWolfPress), <http://wolf.house.gov/>

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- Winchester office: 110 N. Cameron St., Winchester, VA 22601, (540) 667-0990

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# Shopping for Good

[FashionABLE](#), Creating sustainable business in Africa through the sale of handmade scarves.

[Maiden Nation](#), A socially conscious marketplace connecting citizens, artisans and entrepreneurs from around the globe.

[Heart of Haiti](#), Artwork, home-goods and jewelry made by artisans in Haiti, sold through Macy's.

[OFEDA](#), hand made greeting cards from Haiti

[Shootie Girl](#), Stylish shirts with the Shot@Life logo

[ONE shop](#)

[Shot@Life Store](#)